

Support Services

- **The Salvation Army** - a safe place to go offering practical support and services enabling people to make the first step to get off the street. 59-61 High Street, Boston, PE21 8ST.
Telephone: 01205 359232
- **SAMARITANS** - provide confidential advice and support when you need them. 16a Main Ridge, Boston, 6QQ
Telephone: 08457 909090
- **Citizens Advice** - Chantry House, 3 Lincoln Lane, Boston, PE21 8RU.
Telephone: 03444 111444
Open Monday to Friday, 10am-4pm

Homeless shelters

- **Boston Mayflower** - 3 Lincoln Lane, Boston, PE21 8RU.
Telephone: 01205 318500
- **Richmond House** - Richmond Close, Boston, PE21 0SS.
Telephone: 01205 364018
- **Mayfields assisted living home** - Mayfield, Broadfield Lane, Boston, PE21 8GH.
Telephone: 0300 365 5000



The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please e-mail the Patient Information team at patient.information@ulh.nhs.uk

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USEFUL INFORMATION FOR PATIENTS WHO ARE HOMELESS

Accident and Emergency
Department

Pilgrim Hospital, Boston
01205 364801

Drug and alcohol use

The A&E Department sees some homeless people who have problems with alcohol or drugs. If you are one of them then there are several things we can do for you:

- Check that your blood sugar level is within normal range
- Treat you with vitamins if you are in a confused or drowsy state
- Offer you a prescription for vitamins if you are in danger of a severe deficiency
- Also refer you to Addaction who help support individuals of drug and alcohol abuse.

Addaction Lincolnshire provides confidential advice, support and treatment on drug and alcohol misuse for adults and young people and their families. The service is embedded throughout the Lincolnshire community and includes outreach services.

70-74 Wide Bargate, Boston, PE21 6RY.
Tel 0800 304 7021

Opening times:

Monday:9am to 5pm
Tuesday:9am to 7pm
Wednesday: Thu: 9am to 5pm
Friday: 12 noon to 5pm

The P3 homeless outreach service

P3 are funded by Lincolnshire County Council to provide two services in the county:

- Floating Support - who work with people to maintain their tenancies and live independently, aiming to prevent people becoming homeless.

and:
- Street Outreach - who work with people who have found themselves rough sleeping.

Both services have the combined aim to work closely with individuals and positively tackle homelessness across the county.

Contact details (they have an answerphone out of hours)

0808 2810280
0300 3039622
www.p3charity.org



Support services

- **Centrepoint** - provide a drop in service for rough sleepers. Centrepoint also provide other services like food banks and accommodation for rough sleepers. Telephone: 01205 364801
- **Framework (on track) Boston** - On track is a supported accommodation who provide a short stay, emergency and non emergency accommodation. Telephone: 0115 8417711
- **Boston and Skegness Housing Project** - helps homeless people to access good supported housing and stay out of trouble. The service is designed to support high-risk offenders, those at risk of offending and those with mental health problems. Telephone: 01205 359 664

Local Food Banks

There are local foodbanks at:

- St Christopher's Church, Fenside Road, Boston.
Opening hours: Tuesday and Thursday 12pm - 2pm.
- St Mary's Church Station Road, Sutterton.
Opening hours: Friday 10am-12noon.